

# Attitudinal Dynamics of Driving

## 4TH EDITION

**Attitudinal Dynamics of Driving** is recommended for drivers with multiple traffic violations and those with poor driving behaviors who need a catalyst for positive change. The course is designed for court referrals and drivers who exhibit continuing patterns of risky and overly aggressive driving behaviors.

### Course objectives

The course can be taught in either 6- or 8-hours, and engages students in relearning road rules along with exercises to help them understand the connection between choices and consequences. Then it helps them develop a plan to change their driving choices and behaviors.

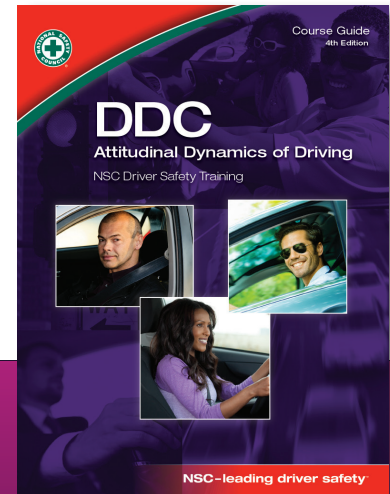
The flexible, modularized course structure accommodates court and state government traffic programs, as well as assists organizations with post-incident driver training needs. The course places significant emphasis on making a commitment to change one's driving behaviors.

### Course objectives include being able to:

- ▶ Identify driving behaviors that led to traffic violations or collisions
- ▶ Acknowledge problems and costs that result from current driving behaviors
- ▶ Recognize the part that choice plays in how drivers behave behind the wheel
- ▶ Develop a personal action plan to change current driving behaviors
- ▶ Identify techniques for handling situations that lead to unsafe driving decisions

### What participants will learn

Participants are provided with the knowledge, skills and techniques to improve their driving-related choices, and thereby decrease future traffic violations and avoid collisions. They discuss the citations that brought them to class, test their knowledge of core traffic rules, and learn that it is up to them whether they drive poorly or properly and the consequences of their choices—financial, legal, injuries and death.



**BEHAVIOR-BASED  
ADVANCED COURSE  
FOR DRIVERS WITH  
UNSAFE DRIVING  
BEHAVIORS**

**Developing a personal  
plan to change risky  
into responsible  
and respectful  
driving behaviors**

For more information  
on the NSC Attitudinal  
Dynamics of Driving  
Course, go to  
**nsc.org/ADD**

*To learn more about the course content, see reverse side.*

*Eliminating Preventable Deaths®*

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For a detailed course overview of NSC Attitudinal Dynamics of Driving by session and lesson, go to: [nsc.org/ADD-Overview](https://nsc.org/ADD-Overview)

## The course covers key topics and issues including:

- ▶ Current driving behaviors based on recent traffic violations or motor vehicle collisions
- ▶ Five basic human needs—survival, love and belonging, fun, freedom and power— and, the needs that have the greatest influence on the participant’s driving choices and behaviors
- ▶ The cost and consequences of poor driving habits resulting in traffic violations and collisions
- ▶ State traffic laws and the difference between a suspended, revoked and cancelled driver’s license
- ▶ Collision prevention techniques as they relate to defensive driving
- ▶ How to make responsible and respectful decisions related to speeding, right of way, passing, following and stopping distances, and avoiding head-on collisions
- ▶ The ability to choose effective driving behaviors and develop a personal action plan for practicing good driving behavior

## Getting Started with NSC Instructor Authorization

Become certified to teach Attitudinal Dynamics of Driving through the NSC eLearning Instructor Authorization Course. You can complete the training at your convenience. It covers instructor facilitation methods and training techniques for teaching defensive driving. You’ll learn how to teach this NSC Defensive Driving Course through scenario-based training depicting actual instructor-student interactions.

**Learn more about NSC Instructor Authorization at [nsc.org/Authorized-Instructor](https://nsc.org/Authorized-Instructor)**

For more information on the NSC Attitudinal Dynamics of Driving Course, visit: [nsc.org/ADD](https://nsc.org/ADD) or call (800) 621-7619